SAMPLE FOOD POLICY: ZACA CENTER

The Food Policy of Zaca Center Preschool
Zaca Center Preschool Staff Food Policies

1. Water is the only beverage allowed in the classrooms and on the playground.
2. No hot beverage allowed at any time in the classroom or in the presence of children.
3. Unhealthy beverages (soda, Gatorade, energy drinks, etc…) must be consumed in the staff room and out of sight of children.
4. No fast food can be brought into the center at any time. Even when the food is not visible, the children can still smell the fast food.
5. Only healthy foods can be eaten in front of the children.