





## Zaca Center Preschool Staff Food Policies

- 1. Water is the only beverage allowed in the classrooms and on the playground.
- 2. No hot beverage allowed at any time in the classroom or in the presence of children.
- 3. Unhealthy beverages (soda, Gatorade, energy drinks, etc...) must be consumed in the staff room and out of sight of children.
- 4. No fast food can be brought into the center at any time. Even when the food is not visible, the children can still smell the fast food.
- 5. Only healthy foods can be eaten in front of the children.