



Hope 4 Kids Preschool & Infant/Toddler Center

We are a faith-based, nature-centered quality program partnering with families to help children reach their full potential in kindergarten, relationships, the community, and life.



September 26, 2013

RE: No Waste Lunch Policy

Hello H4K Families!

It is with great pleasure that we announce our new *No Waste Lunch Policy*. In an effort to teach and to model caring for our earth and each other, we are initiating a No Waste Lunch Policy at Hope 4 Kids. What does that mean? We are so glad you asked!

Please pack <u>reusable containers</u>, <u>reusable forks/spoons</u>, and a <u>CLOTH napkin</u> in your child's reusable lunch box/bag. Cloth napkins can be found inexpensively at thrift stores, Ross, K-Mart or even consider cutting a t-shirt or towel into squares! This can be a VERY fun process with your preschool-aged child. Make it a game for your child to find new ways to refashion household items into lunch napkins! They will be proud to show off their very own napkins they made to their friends. These will be sent home in your child's lunch at the end of each day for laundering. Please do not send containers with food that need to be thrown away (i.e., pre-packaged fruit cups, yogurt in individualized packets, etc.).

We understand this may take some time to become accustomed and we are here to help and support you through this process. We are confident that you will discover this actually **saves** you TIME and MONEY! Who can't use more of those?

There are many ways to ensure you can follow this new procedure and we've included some pictures of examples below that you might find helpful:







Lunch Blocks for Kids (about \$10)



Mixed Bags Boy's or Girl's Insulated Lunch Bags (about \$12)

If you aren't sure if you can pack something, just think to yourself, "There are no trash cans in the lunch area. Is this OK to pack?" As always, please ensure your child's name is written in permanent ink on any items sent to school. Please also keep in mind that we will send home any disposable items sent in your child's lunch. We appreciate your cooperation and welcome any questions you have. We also appreciate any resources you find that may be helpful to other families! Please let us know of any new reusable products you discover that makes packing lunch simple, inexpensive, and earth-friendly!